

# Feed Your Family a Home-cooked Meal Tonight!



5000 Rowlett Road, #202  
Rowlett, TX 75088  
(just South of Hwy 66, on the East side of the road)  
(972) 463-9500

[www.supersuppersrowlett.com](http://www.supersuppersrowlett.com)

(Check the website for current menu, store hours, and schedule)

HCA now has a fabulous opportunity to earn 5% of all purchases made by our families and friends at Super Suppers in Rowlett. Any time you make a purchase at Super Suppers, and tell the clerk you are with HCA, they will give 5% back to the PFI! We will use these earnings for great things to help our school, students, faculty, and staff. Family, friends, and neighbors can help too! If they mention HCA, we will get a discount for their purchases too!

## What is Super Suppers?

- **Super Suppers** is the refreshing new answer to the age-old question, "What's for Dinner?" Imagine coming home after a long day and not having to worry about getting dinner on the table. Sounds great, doesn't it?
- At Super Suppers, we handle the shopping, chopping and mopping for you! That's right, no stress or kitchen mess! Just visit your local Super Suppers where you will prepare either 6 or 12 delicious, chef-designed entrées to take home and freeze.
- Our easy-to-follow recipes, the right ingredients and cooking instructions are there in front of you. All you have to bring is an ice chest or laundry basket to easily transport your meals home.
- Come to Super Suppers, where you can relax, meet a new (or old!) friend and enjoy some music and appetizers while you put a month's worth of meals together at your pace! Or, stop by during regular business hours to pick up **Grab and Go** Entrées!
- Each entrée is designed to feed 4 to 6 people, but, if you have a smaller family (or smaller eaters), you can split your entrées and double the number of meals for the same low price!
- Oh, we didn't mention the price? **With an average entrée price of around \$3.00 per serving**, you can save hundreds of dollars and 20-30 hours of your precious time every month!

For more information, please contact Dana Schmakal at 972-741-1994 or jimmdana@earthlink.net